



### TRUFFLES // A PREMIUM GOURMET CROP WITH LONG-TERM INVESTMENT POTENTIAL

Truffles are a highly prized gourmet delicacy that can thrive in the Manawatū region given the right conditions and longterm commitment. As a perennial and symbiotic fungus, truffles require specific host trees, careful site selection, and patience, but the potential returns can be substantial for those willing to invest the time and effort.

This guide provides an overview for landowners and investors interested in truffle cultivation in Manawatū. Developed by the Central Economic Development Agency, this guide was created as part of the Manawatū Regional Food Strategy.

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### SUITABLE TRUFFLE VARIETIES + CHARACTERISTICS

Truffles are a high-value crop with specific climate and soil requirements. The Manawatū region's seasonal variation, cool winters and warm summers, offers potential for truffle cultivation, though careful variety selection is essential for commercial viability.

Climate considerations for the region are further outlined in the <u>Diversification of Farm Systems report.</u>

Choosing the right truffle species is critical, as each has distinct fruiting periods, climate tolerances, and market value that will influence the success of your venture.

### **CHARACTERISTICS OF TRUFFLES**

- > Climate sensitivity: Truffles require specific seasonal conditions to fruit successfully.
- > Soil adaptability: Some species tolerate a wider range of soil types, which may reduce establishment risk.
- > Fruiting season: Timing of fruiting affects harvest planning and market timing.
- > Market value: Species vary in commercial value, influencing return on investment.

While some species may share characteristics, their performance will depend on local conditions and management practices.



### Truffle varieties that may suit the Manawatū region:

**PERIGORD BLACK TRUFFLE** (Tuber melanosporum):

Late Season - High Value - Climate Sensitive

Périgord Black Truffle is the most commonly cultivated truffle globally and is highly prized for its flavour and market value. It fruits from December to August, requiring hot summers and cold winters, conditions that can be marginally met in parts of the Manawatū region with careful site selection. This species is best suited to growers who can manage microclimates and are prepared for a longer establishment period before fruiting begins.

### **BIANCHETTO TRUFFLE** (Tuber borchii):

Early Season - Moderate Value - Soil Adaptable

Bianchetto is a more adaptable truffle, tolerating a wider range of soil types and fruiting from late summer to early autumn. While it is less valuable than Périgord, it is earlier producing, making it attractive for growers seeking quicker returns. Its flexibility makes it a good candidate for trial plantings in varied Manawatū soils.

### **BURGANDY TRUFFLE** (Tuber aestivum / uncinatum):

Late Season - Moderate Value - Climate Tolerant

Burgundy Truffle is known for its tolerance to varied climates, making it a strong contender for the Manawatū region. Fruiting occurs from late autumn to winter, aligning well with local seasonal patterns. While its market value is lower than Périgord, its reliability and climate resilience make it a practical choice for growers seeking consistency.





Truffles are a unique crop that grow in symbiosis with the roots of specific host trees, which must be inoculated with truffle spores prior to planting. Selecting the right tree species and planting method is essential to support truffle development and ensure long-term orchard productivity.

Truffles are a high-value crop with specific requirements, and careful site selection is essential to ensure viability in the Manawatū region.

Truffles require a well-drained soil with a high pH range of 7.5-8.3, which is more alkaline than many other crops. The preferred soil types are light loams or sandy loams, which allow for good aeration and root development. Areas with compacted or poorly drained soils should be avoided, as these conditions can inhibit truffle formation and increase the risk of disease.

The climate of Manawatū, particularly in areas with dry summers, is considered suitable for truffle cultivation.

However, shelter from strong prevailing winds is important to protect young trees and maintain stable microclimates around the root zone.

### This includes:

- > **Lime application:** to raise soil pH to the required level. This process may take 1-2 years depending on the starting pH and soil buffering capacity.
- > **Deep ripping and cultivation:** to improve drainage and aeration, especially in heavier soils.
- > **Comprehensive soil testing:** strongly recommended to assess pH, nutrient levels, and structure. Resources such as Ballance's soil testing guide can assist in this process.

Establishing a truffle orchard in Manawatū requires patience and precision, but with the right site and preparation, growers can position themselves for a successful and sustainable venture.



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The most commonly used host trees for truffle cultivation include:

- > English oak (Quercus robur): A traditional host with strong compatibility for Périgord truffles.
- > Hazelnut (Corylus avellana): Favoured for its compact size and ease of management.
- > Holm oak (Quercus ilex): Suited to warmer microclimates and well-drained soils.
- > Pine species: Often used for Bianchetto and Burgundy truffles, particularly in more varied soil conditions.

To ensure successful establishment, it is recommended to purchase certified inoculated seedlings from reputable suppliers. These seedlings have undergone controlled inoculation with truffle spores and are verified for compatibility and health.



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Spacing is a critical factor in orchard layout. Trees should be planted at 4-5 metre intervals, equating to approximately 400-600 trees per hectare. This spacing allows for adequate root expansion, air circulation, and light penetration, each of which supports truffle formation and tree health.

Given the dry summer conditions that can occur in parts of the Manawatū region, irrigation is essential. Installing a drip irrigation system will help maintain consistent soil moisture levels, especially during the critical summer months when truffle development is underway.

To reduce competition from weeds and conserve soil moisture, the use of weed mats or organic mulch is strongly advised. These materials suppress weed growth, regulate soil temperature, and improve water retention around the root zone.

Truffle orchards are a long-term investment, often taking several years to produce fruit. Proper tree selection, certified inoculation, and thoughtful planting practices will help set the foundation for a productive and sustainable truffle venture in the Manawatū region.



# FERTILISING + CARE

Truffle orchards require ongoing care and monitoring to support fungal health and ensure consistent fruiting. Unlike seasonal crops, truffles develop over several years, making orchard maintenance a long-term commitment.

### **Canopy and Ground Maintenance:**

To promote optimal light penetration and air circulation, regular pruning of host trees is essential. An open canopy helps regulate microclimate conditions and supports the development of truffle fruiting bodies. Additionally, weed and grass control beneath the trees is critical to reduce competition for nutrients and water. This can be achieved through manual removal, mulching, or the use of weed mats.

### Soil Monitoring and Irrigation:

Truffles are sensitive to soil conditions, particularly pH levels, which should be maintained between 7.5-8.3. It is recommended to monitor soil pH annually and adjust with lime as needed to maintain optimal conditions. Irrigation is critical from November to April, especially during dry summer periods common in the Manawatū region. Maintaining moderate soil moisture is key, overwatering can reduce oxygen availability in the root zone, while drought stress can inhibit fungal activity. Drip irrigation systems are preferred for their efficiency and ability to deliver consistent moisture.



### **Fertilisation Strategy:**

Truffles require a minimal fertilisation approach, particularly when it comes to nitrogen. Excess nitrogen can suppress truffle formation, so fertiliser applications should be carefully managed. A balanced fertiliser with trace elements may be used if soil testing indicates deficiencies, but the focus should remain on maintaining fungal health rather than promoting vigorous tree growth.

### **Mycorrhizal Assessment:**

The health of the truffle fungus is directly linked to its colonisation of host tree roots. Periodic mycorrhizal assessments via laboratory testing are recommended to monitor root colonisation and ensure the symbiotic relationship remains strong. These assessments can help identify early signs of decline or imbalance, allowing for timely intervention. By following these management practices, growers can support the long-term productivity and sustainability of truffle orchards in the Manawatū region.



## WEED, PEST + DISEASE MANAGEMENT

Truffle orchards, while generally low in disease pressure when well-managed, still require proactive pest and weed control to protect tree health and support fungal development.

The Manawatū region's climate and soil conditions can support truffle cultivation, but growers should be aware of common challenges and how to mitigate them.

Truffle host trees, particularly in their early years, are vulnerable to rabbits and hares, which can damage or destroy young seedlings. Installing protective guards or fencing around newly planted trees is recommended to prevent browsing and ensure strong establishment.

Weeds and grass pose a significant threat to truffle development by competing for nutrients and water in the root zone. This competition can reduce the effectiveness of the symbiotic relationship between the tree and truffle fungus. Growers may consider using mulch or weed mats to suppress growth, retain moisture, and improve soil structure. However, care should be taken to avoid excessive moisture retention, which can lead to root rot, especially in poorly drained soils.



Truffles are particularly sensitive to waterlogged conditions, which can inhibit fungal activity and increase the risk of disease. Regular monitoring of soil moisture and drainage is essential, especially during the wetter months. Raised beds or mounding may be considered in areas prone to saturation.

While truffle orchards typically experience minimal disease pressure, this is contingent on good site management. Maintaining an open canopy through pruning, controlling ground cover, and monitoring soil health all contribute to disease prevention.

For growers seeking to maintain fungal health, mycorrhizal assessments via laboratory testing can be conducted periodically. These tests evaluate the level of truffle colonisation on tree roots and help identify any decline in fungal activity, allowing for timely intervention.

By implementing these pest and disease management strategies, growers in the Manawatū region can support the long-term health and productivity of their truffle orchards.





Truffle growers in the Manawatū region who are considering commercial supply, whether for domestic hospitality, boutique food processors, or international export, must be aware of the compliance requirements

These standards ensure food safety, traceability, and market access, and are often a prerequisite for entering commercial supply chains.

### **Key compliance areas:**

While truffles are not subject to the same level of regulation as some mainstream horticultural crops, growers entering commercial channels should still follow best practice standards.

- > **Biosecurity and planting regulations:** The importation of inoculated host trees is subject to Ministry for Primary Industries (MPI) requirements. Growers must ensure that all imported seedlings meet biosecurity standards and are accompanied by appropriate certification.
- > **Pest management and traceability:** Participation in schemes such as NZGAP or similar is encouraged. These programmes support traceability, environmental stewardship, and food safety assurance. Maintaining records of orchard inputs, pest control measures, and harvest dates will help meet market expectations.
- > **Post-harvest hygiene protocols:** Truffles intended for sale should be handled in clean environments with minimal contamination risk. This includes using sanitised tools during harvest and ensuring that truffles are stored in temperature-controlled conditions to preserve quality.



### **Export Considerations:**

As interest in New Zealand-grown truffles increases, particularly in high-value international markets, additional export requirements may apply:

- > **Hygiene and grading standards:** Truffles must meet strict hygiene criteria and be graded according to size, maturity, and quality. This ensures consistency and supports premium pricing.
- > **Packaging and storage:** Truffles destined for export must be packaged to withstand international freight conditions. This includes temperature regulation, moisture control, and protection from physical damage.

Growers are encouraged to engage with industry bodies, MPI, and market partners to stay informed of evolving compliance expectations.





### Harvest timing for truffles depends on the variety, climate conditions, and seasonal variation.

Unlike seasonal crops, truffles take several years to mature, and growers in the Manawatū region should plan for a long-term investment before seeing returns.

### Time to Harvest:

Truffles typically begin to fruit between 4 to 8 years after planting, depending on site conditions, tree health, and fungal colonisation. Full production is generally reached from year 8 onwards, though early signs of fruiting may appear sooner in well-managed orchards.

### **Harvest Season:**

For black truffles, the harvest season runs from May to August, aligning with the cooler months in the Manawatū region. The most effective and widely accepted method for locating ripe truffles is through the use of trained dogs, which can detect the scent of mature truffles underground. This method ensures minimal disturbance to the soil and increases harvest accuracy.

### **Handling and Storage:**

Once located, truffles must be harvested carefully to avoid bruising or damaging the delicate fruiting bodies. Gentle excavation and handling are essential to preserve quality. After harvest, truffles should be cleaned lightly to remove soil, avoiding excessive washing, and stored at 0-2°C for short periods to maintain freshness.

Truffles are highly perishable and sensitive to temperature and humidity. For best results, they should be stored in breathable containers with moisture-absorbing materials and kept in a controlled environment until delivery.

### **Market Channels:**

Truffles are in demand across high-end domestic and international markets, including restaurants, exporters, and boutique food producers. Due to their premium status, maintaining quality through careful harvesting, handling, and storage is essential to meet buyer expectations and secure repeat business.

Growers are encouraged to build relationships with chefs, distributors, and exporters early in the production cycle to ensure market readiness once fruiting begins.



### Growing truffles commercially in the Manawatū region presents a unique opportunity for high-value land use.

While truffles require a long lead time before returns are realised, their premium market positioning and strong demand - both domestically and internationally - make them an attractive option for growers with suitable land and a long-term outlook.

### Yields and production:

Truffle yield is influenced by tree health, fungal colonisation, soil conditions, and orchard management. Once established, a mature orchard can produce between 10-60 kilograms per hectare annually, with full production typically reached from year 8 onwards. Consistency in orchard care and environmental conditions will play a critical role in yield reliability.

### Indicative market prices (2024-25):

Truffle quality and variety significantly affect market value. Fresh truffles are graded by aroma, firmness, and appearance, with prices ranging from \$2,000- \$4,000 per kilogram depending on the species and grade. This means potential gross income at full production can range from \$20,000- \$200,000 per hectare, making truffles one of the highest-value crops available to New Zealand growers.

### **Indicative Market Channels:**

Truffles are sold primarily to restaurants, exporters, and boutique food producers, with high-end culinary markets offering the greatest returns. Direct-to-chef relationships and participation in food festivals or specialty networks may offer additional margin opportunities, especially for growers able to supply consistent, high-quality product.

### **Establishment Costs:**

Initial setup costs for truffle production are higher than many other crops, ranging from \$20,000 - \$40,000 per hectare.

### These costs typically include:

- > Certified inoculated host trees
- > Soil amendments such as lime to raise PH
- > Irrigation infrastructure
- > Fencing and wind protection
- > Early-stage orchard maintenance

Annual maintenance costs are estimated at \$1,000-\$2,000 per hectare, covering pruning, weed control, irrigation, and fungal health monitoring.

### **Risks and Timeframe:**

Truffle cultivation involves a long lead time before returns, with no guarantee of fruiting. Success depends heavily on-site selection, soil preparation, and ongoing management. Growers must be prepared for delayed income and invest in regular monitoring to ensure fungal colonisation and orchard health.

Despite these risks, truffles offer a compelling diversification option for growers in the Manawatū region seeking to maximise land value and tap into premium food markets.





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